

## **UPGRADING FROM CPRS (Certified Peer Recovery Specialist) to CPRSR (Certified Peer Recovery Specialist Reciprocal)**

You can upgrade your non-reciprocal Certified Peer Recovery Specialist credential to the Certified Peer Recovery Specialist Reciprocal. The upgrade is based on acquiring 500 hours of work experience, 25 hours of supervision, and 6 hours of additional education. Your CPRS must be current and in good standing to be eligible for the upgrade process.

### **WORK EXPERIENCE**

500 hours of volunteer or paid supervised work experience specific to the Peer Recovery domains are required.

- Experience must have been gained within the last seven years
- Experience is based on the applicant providing direct services relevant to the peer recovery domains
- Applicant must be clinically supervised by an individual who is knowledgeable of the peer recovery domains
- Experience may be gained as an intern, volunteer, or paid employee for an organization providing peer recovery services

Applicant must document their experience on the Documentation of Work Experience form.

### **SUPERVISION**

25 hours of supervision specific to the Peer Recovery domains are required.

- Supervision must have been provided by an organization's documented and qualified supervisory staff per job description. The supervisor must have been an appropriately certified or licensed professional in the behavioral health field (CPRSR, ADCR-MN, LADC, LPCC, etc.) who is knowledgeable of the Peer Recovery domains, the MCB Peer Recovery Specialist Code of Ethical Conduct, and relevant statutes, rules, and standards relevant to the provision of peer recovery services.
- Supervision must be documented and signed off on by the supervisor on the Documentation of Supervision Form
- Supervision must have been provided at a rate of one hour of face to face supervision for every twenty hours of service provision. The supervision must have been provided regularly and evenly distributed. At least 50 percent of the required supervision hours must have been received in person. The remaining 50 percent of the required supervision hours may have been telephone or technology-based. At least 50 percent of the required hours of supervision must have been received on an individual basis. The remaining 50 percent may have been received in a group setting.
- If the supervisor does not possess the CPRSR credential from the Minnesota Certification Board (or equivalent reciprocal level peer recovery credential from another IC&RC board), they must attach a resume, a statement explaining their experience in the following peer recovery domains (Advocacy, Mentoring/Education, Recovery/Wellness Support, and Ethical Responsibility), a statement documenting 500 hours of volunteer or paid peer recovery work experience specific to the domains, a copy of the proposed supervisor's good standing credential, and documentation of 46 hours specific to the domains, with 10 hours each in the domains of Advocacy, Mentoring/Education, and Recovery/Wellness Support and 16 hours in the domain of Ethical Responsibility. A more detailed explanation of the peer recovery domains is available from the Minnesota Certification Board upon request.

### **DOCUMENTATION OF ADDITIONAL EDUCATION/TRAINING**

The Certified Peer Recovery Specialist (CPRS) credential required you to have the following education/training:

- High school diploma or jurisdictionally certified high school equivalency
- A minimum of 40 hours of documented training specific to the Peer Recovery domains:
  - At least 8 hours in the domain of Advocacy
  - At least 8 hours in the domain of Mentoring/Education
  - At least 8 hours in the domain of Recovery Support

- At least 16 hours in the domain of Ethical Responsibility

The Certified Peer Recovery Specialist Reciprocal (CPRSR) credential requires:

- High school diploma or jurisdictionally certified high school equivalency
- A minimum of 46 hours of documented training specific to the Peer Recovery domains:
  - At least 10 hours in the domain of Advocacy
  - At least 10 hours in the domain of Mentoring/Education
  - At least 10 hours in the domain of Recovery Support
  - At least 16 hours in the domain of Ethical Responsibility

To upgrade to the CPRSR credential you must document how you have acquired the additional training required for the CPRSR credential which includes:

- Additional 2 hours in the domain of Advocacy
- Additional 2 hours in the domain of Mentoring/Education
- Additional 2 hours in the domain of Recovery Support

Education is defined as formal, structured instruction in the form of workshops, seminars, institutes, in-services, college/university credit courses and approved distance education.

- One clock hour of education is equal to (50) minutes of continuous instruction.
- Education must be specifically related to the knowledge and skills necessary to perform the tasks within the IC&RC Domains for this credential.
- All education must be documented. Applicants are responsible for securing and submitting documentation of attendance, the number of contact hours, dates, and content descriptions.
- Transcripts, certificates of completion, or other verifications must be attached.

Sources of Education - Acceptable sources of education are listed below. Education obtained through a source other than those listed must be submitted to MCB for approval.

- College and University Credit Courses: Courses taken for credit that are specific to the IC&RC Alcohol and Drug Counselor Domains and offered by an accredited institution of higher education will be accepted toward completion of this standard. Credit is not allowed for any 5 audited college courses. One college credit (semester system) is the equivalent of 15 contact hours.
- Workshops, seminars, institutes, and in-services that are specific to the IC&RC Alcohol and Drug Counselor Domains will be accepted. Applicants must be able to provide verification of completion including the title of the training, instructor name and credentials, sponsoring agency, course description, learning outcomes, relevance to the domains, date(s) of the event, and clock hours. Unless approved by another IC&RC member board, the MCB reserves the right to determine if the event will be approved.
- Distance Education/Home Study Courses: Distance education/home study courses, offered by providers other than colleges and universities, may be used if the provider and course are approved by MCB. Home study courses include education that is completed in a non-traditional education setting including webinars, correspondence courses, and teleconferences.
- Therapeutic education and attendance at self-help meetings such as AA and Al-Anon, etc. are not accepted as education for certification.