

REQUIREMENTS AND POLICIES FOR APPROVED SUPERVISOR

CRITERIA

- Must be an appropriately certified or licensed professional in the behavioral health field (CPRSR, ADCR-MN, LADC, LPCC, etc.) who is knowledgeable of the Peer Recovery domains, the MCB Peer Recovery Specialist Code of Ethical Conduct, and relevant statutes, rules, and standards relevant to the provision of peer recovery services.
- A current resume
- 500 hours of volunteer or paid work experience with experience in each of the peer recovery domains (Advocacy, Mentoring/Education, Recovery/Wellness Support, and Ethical Responsibility).
- 46 hours of education specific to the peer recovery domains, with 10 hours each in the domains of Advocacy, Mentoring/Education, and Recovery/Wellness Support and 16 hours in the domain of Ethical Responsibility.

RESIDENCY

Applicants must live or work within the state of Minnesota fifty-one (51%) percent of the time at the time of the initial application.

CODE OF ETHICS

Must sign and date a waiver that you have read and will abide by the Code of Ethical Conduct. Approved supervisors must also be familiar with and practice within the scope of all relevant statutes, rules, and standards relevant to the provision of peer recovery services.

SUPERVISION POLICIES

- Certified Peer Recovery Specialists must be supervised by an appropriately certified or licensed professional in the behavioral health field (CPRSR, ADCR-MN, LADC, LPCC, etc.) who is knowledgeable of the Peer Recovery domains, the MCB Peer Recovery Specialist Code of Ethical Conduct, and relevant statutes, rules, and standards relevant to the provision of peer recovery services.
- A Supervision Agreement Form must be on file with the Minnesota Certification Board for any period of time when a Certified Peer Recovery Specialist is providing peer recovery services. For periods of time when peer recovery services are not provided, a Supervision Waiver Form must be on file with the Minnesota Certification Board. Service may not be provided under the representation of this credential during periods which there is not an approved supervisor on file with the board.
- Supervision must be provided at a rate of one hour of face to face supervision for every twenty hours of service provision. The supervision must be provided regularly and evenly distributed for as long as the credential is maintained. At least 50 percent of the required supervision hours must be received in person. The remaining 50 percent of the required supervision hours may be telephone or technology-based. At least 50 percent of the required hours of supervision must be received on an individual basis. The remaining 50 percent may be received in a group setting.
- Supervision must be documented and signed off on by the supervisor. Documentation of supervision must be provided to the Minnesota Certification Board upon request.
- Supervision must be documented and signed off on by the supervisor on the Monthly Supervision Log. Documentation of supervision must be provided to the Minnesota Certification Board upon request.

OTHER

- Signed and dated Consent and Release Form.

FEES

- \$30 (includes processing fee and two years of approval)

LENGTH OF APPROVAL

Approval for supervision is good for two years starting from the date you are approved. An expiration date will be provided to you in a letter. After the expiration of your approval, you must reapply.

IC&RC PEER RECOVERY DOMAINS

1. Advocacy
2. Mentoring/Education
3. Recovery Support
4. Ethical Responsibility

Peer Recovery Specialists must have the knowledge necessary to understand the process of the peer recovery domains listed above. Applicants must have competence to perform duties associated with each of these domains in order to be certified as a Peer Recovery Specialist. Definitions are as follows:

- Advocacy
 - a) Serve as the client's individual advocate
 - b) Advocate within systems to promote client centered recovery support services.
 - c) Assure that the client's choices define and drive their recovery planning process.
 - d) Promote client-driven recovery plans by serving on the client's recovery oriented team.
- Mentoring/Education
 - a) Serve as a role model to individuals in recovery including how to constructively share your own story of hope and recovery.
 - b) Establish and maintain a "peer" relationship rather than a hierarchical one.
 - c) Promote social learning through shared experiences.
 - d) Teach clients life skills.
 - e) Encourage clients how to self-advocate.
- Recovery Support
 - a) Serve as an active and equal member of the client's recovery-oriented team(s).
 - b) Assure that all recovery-oriented tasks and activities build on the client's strength and resiliencies.
 - c) Support the client in identifying his or her options and assist client with prioritization related to establishing and achieving recovery goals.
 - d) Support the client's developing problem-solving skills so they can respond to challenges to their recovery.
 - e) Support the client's access to services and supports that will help them attain their individual recovery goals.
- Ethical Responsibility
 - a) Respond appropriately to risk indicators to assure the clients' welfare and physical safety.
 - b) Immediately report suspicions that the client is being abused or neglected to an identified authority.
 - c) Maintain confidentiality.
 - d) Communicate personal issues that impact your ability to perform job duties.
 - e) Assure that interpersonal relationships, services, and supports reflect the clients' individual differences and cultural diversity.
 - f) Document service provisions as required by the employer.
 - g) Gather information regarding the clients' personal satisfaction with their progress toward recovery goals.
 - h) Become familiar with and practice within the scope of all relevant statutes, rules, and standards relevant to the provision of peer recovery services.
 - i) Maintain professional boundaries with clients and other professionals.